ADZFAR ALAMI, 22

Who: Business-school student Adzfar Alami, who studies at the Singapore Management University, is a self-confessed adrenaline junkie who gets his kicks from sports like cycling and football.

Adzfar’s list:

- She should have a unique sense of style
- She should believe in the phrase “bold is beautiful”
- She should have intelligence and wit

- Being sporty and adventurous is a bonus

Adzfar’s deal breakers:

- Shy and quiet gals need not apply. I just can’t relate to girls who don’t have anything to say or who don’t have an opinion.

Why he has his list: This go-getter made his list back when he was a teenager. “Having a list helps me make better choices when it comes to dating,” he says. “Without a list, you will not know what kind of girl you are looking for, and it makes everything so much harder.”