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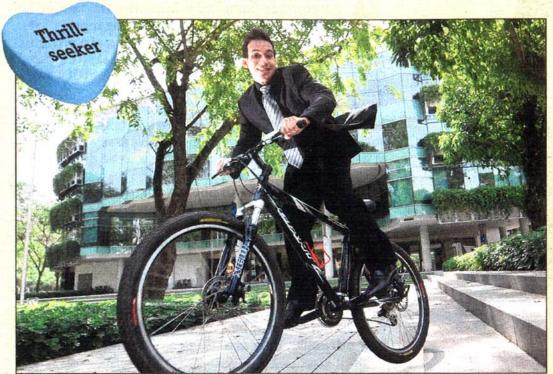


PHOTO: JAMIE KOH

ADZFAR ALAMI, 22

Who: Business-school student Adzfar Alami, who studies at the Singapore Management University, is a self-confessed adrenaline junkie who gets his kicks from sports like cycling and football.

Adzfar's list:

She should have a unique sense of style

She should believe in the phrase "bold is beautiful"

She should have intelligence and wit

Being sporty and adventurous is a bonus

Adzfar's deal breakers:

Shy and quiet gals need not apply.

I just can't relate to girls who don't have anything to say or who don't have an opinion.

Why he has his list: This go-getter made his list back when he was a teenager. "Having a list helps me make better choices when it comes to dating," he says.

"Without a list, you will not know what kind of girl you are looking for, and it makes everything so much harder."