Just what exactly goes into student stress?

How do academic concerns push youth to the edge? YouthInk writers speak up.

The weakest link

MANY hands don’t always make light work. Dealing with a team under deadline pressure for a grade is stressful because the project becomes about pleasing your peers – beyond the scope of work.

A poor peer review can jeopardise your grades, never mind the work you’ve done.

The first and only time it happened to me, I found myself forgoing precious revision time a day before my exam to do the ridiculous – sending my professor past e-mail correspondences and evidence of my contributions to invalidate the negative claims from some teammates.

It is a relief when professors issue grades objectively, not just on one or two voices. But supervisors at work may not be as impartial. If nothing else, this one thing is true: it’s smarter to err on the side of caution when working with strangers.

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