SPORTS JUNKIE WHOSE TRUE LOVE IS...

Calling all sporty bosses! Do you have an active sporting lifestyle away from the office? Do you play one or more non-traditional sports? Or do you know of such a boss? Please email details to npsports@sph.com.sg

Sure, I love playing golf, but I'm also a big fan of Manchester United, during the Bryan Robson era — the star of the Alex Ferguson reign.

EACI company boss, he tries to start a football team there. That's essentially the sporting side of Samuel Yong, seen to be on an unrelenting drive.

EACI's already the managing director of the South Group in South-east Asia, strategising for the Longines brand in this region for the next five years.

Two years ago, he moved to his office in Singapore, where he works. Our children can then come to see us. "That's essentially the sporting side of my character."

Yong is also a keen sportsman. He plays golf too. "I'm always open to playing sports, but I'm a bit of a perfectionist when it comes to sports. But I'm always open to playing sports, but I'm a bit of a perfectionist when it comes to sports."

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I think it's important. It's not just for looks. You need to wear the right shoes for different sports. Some men often take short cuts and use one shoe for different sports, that increases the risk of injuries.

On nurturing a real love for sports

I'm worried that our children may not understand the values of certain sports, because they either have the physical ability or other outside characteristics. Nothing wrong with chasing glory for the school, but are they letting their children enjoy a wide variety of sports, is not good.

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