Classes to prepare couples

IT SEEMS that many young couples are entering marriage woefully unprepared for the challenges they may face.

After all, according to the Department of Statistics' 2006 figures on marriages and divorces, marriages involving those aged 20 to 24 years registered the highest divorce rate – 52 of every 1,000 married men and 38 of every 1,000 married women in that age group end up divorced.

This is probably due to our fast-paced lifestyle and the ever-increasing demands of juggling a career and marriage simultaneously.

I believe young couples need to undergo mandatory marriage preparation courses before deciding if marriage is the best choice for them at their age.

Such courses can impart to them marriage and even parental values, with an emphasis on communication and conflict resolution skills.

This will allow couples to have the correct mindset of marriage and communicate their feelings to their partners effectively.

Hopefully, this will help reduce the drastically high divorce rates in Singapore.

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